



MUSIC FOR THE YOUNGEST CHILDREN • THE FOUNDATION YEARS

Sing. Play. Listen. Learn.

The Musical Family programme — India's own early-childhood music method, delivered by your own teachers.



Sangeet4All • Early Years

sangeet4all.com • The Shubhendra and Saskia Rao Foundation

— THE METHOD, AND ITS AUTHOR

Written for India's children

Vidushi Saskia Rao-de Haas is one of the world's most distinguished musicians — a celebrated cellist and composer, creator of the Indian cello, and a **Knight of the Order of Orange-Nassau**, one of the Netherlands' highest honours, conferred on behalf of King Willem-Alexander.

She is also the author of Musical Family and the science of early-childhood music education — **the first complete early-years music method written for India's children**. Not adapted from abroad; written here, for our children, our songs, our classrooms.



Vidushi Saskia Rao-de Haas — Knight of the Order of Orange-Nassau

"Teach children mathematics, philosophy and music — but most of all music, because the patterns in music are the key to all learning."

PLATO

"Don't talk — sing to a child."

DR. MARIA MONTESSORI

— THE QUIET BENEFIT

Calmer children, calmer classrooms

In the first years of life the brain builds its architecture faster than it ever will again — and music helps build it. It is also a young child's most powerful tool for self-regulation: a settling song turns tears into calm, chaos into focus. Teachers tell us the same thing again and again — the music programme takes stress out of the early-years classroom, for the children and for them.

ALIGNED WITH NATIONAL POLICY

NEP 2020 and the NCF Foundational Stage ask for play-based, arts-rich early learning. Musical Family is that policy, made real — ready for your classrooms.

100,000+
CHILDREN REACHED

200+
TEACHERS CERTIFIED

35
SCHOOLS, SINCE 2014

— OUR APPROACH

Sing · Play · Listen · Learn

Four simple things, woven through the whole pre-school day — meeting young children where they are: in their voices, their bodies, their ears, and their endless curiosity.



Sing

The voice first — songs for greeting, calm and joy. Every child a singer.



Play

Small hands on real instruments — Swartarang, Banshi, small percussion.



Listen

Sound walks, silence, birdsong — building fine ears and attention.



Learn

High and low, fast and slow — the first concepts, through play.

— PLAN YOUR DAY WITH MUSIC

A song for every moment



For self-regulation

Settling songs that turn big feelings into calm.



For collaboration

Circle songs that teach turn-taking and togetherness.



For concentration

Listening games that grow focus and attention span.



For transitions

Tidy-up, line-up and greeting songs that carry the day.



For story time

Melodies that open the imagination before a tale begins.



For hello and goodbye

Rituals in song that hold the shape of every day.



Every child takes part

No audition, no “not musical” child left at the side. Thirty small voices sing and thirty small hands play — together, joyfully, every single day.



IN YOUR TIMETABLE

Twenty to thirty minutes a day, woven into circle time and daily routines — no timetable upheaval. Songbook, lesson plans and materials all provided, ready for Monday morning.

— BUILT FOR LITTLE HANDS

The Swartarang – and everything it builds

The Swartarang is Sangeet4All's patented first instrument, designed for the youngest children: colour-coded keys that lift out so the instrument itself teaches, and thirty children can play together from day one.



Hand-eye coordination

Striking the right key builds fine motor control.

Colour-coded notation

Children read music by colour before letters.

Reading-ready

Rhythm chants build the sound awareness behind phonics.

Advantaged in numbers

Beat, pattern and counting lay the ground for maths.

Language skills

Songs and syllables grow vocabulary and clear speech.

Focus & self-regulation

Playing together grows attention and calm.

Playing together

Turn-taking and listening — first ensemble, first empathy.

Confidence & joy

Every child succeeds — and knows it, every day.

— AGE-APPROPRIATE, ALWAYS

The right instrument for the age



Small percussion

— not drum kits



The Swartarang

— not keyboards



The Banshi

— not electronics

WHAT PARENTS SEE

Confident little performers at every annual day, songs carried home each week, and a school that visibly gives their child more. A real music programme is the differentiator parents talk about — and choose.

A room that sparks musicality

THE THIRD TEACHER

In the Reggio Emilia tradition the environment is the third teacher. In the early years it is also the loudest. We design the room, the storage and the sound — so the space settles children rather than stirring them up.

For young children, the music room either invites music or shuts it down. We help schools design early-years spaces that spark creativity and musicality.

Do

- ✓ Keep the floor open and soft — children learn music through movement.
- ✓ Store instruments low and visible, within a child's own reach.
- ✓ Use real acoustic instruments — rich overtones feed developing ears.
- ✓ Design for sound: soft surfaces, warm acoustics, gentle soundproofing.
- ✓ Make room for stillness and listening, not only for making sound.
- ✓ Let daylight and natural materials in — calm rooms make calm music.

Don't

- ✗ Don't fill the room with desks — they end movement before it begins.
- ✗ Don't lock instruments where only an adult can reach them.
- ✗ Don't rely on electronic sound; it cannot replace an acoustic instrument.
- ✗ Don't ignore echo and noise bleed — loud rooms overwhelm small ears.
- ✗ Don't treat the space as storage — the room itself is a teacher.
- ✗ Don't over-decorate; visual clutter competes with listening.

— FROM LAYOUT TO LAUNCH

We walk your room with you

Our consultancy begins with a visit: we stand in your space, understand your children and teachers, and design the room around them — layout, acoustics, soundproofing, instruments within reach. Then we train the teachers who will fill it with music.



The first conversation is always free

Tell us about your spaces and your teachers — we'll tell you honestly what would work.

— IMPLEMENTATION IN YOUR GROUP

One programme, every centre

We don't sell a box of instruments and leave. We design the programme for your entire group and train **all** your teachers to deliver it — so every branch offers the same joyful, consistent music education, at the standard your parents expect.

1

Design for the group

One programme, tailored to your ethos, applied across every centre.

2

Train all your teachers

Hands-on training for every teacher, in every centre, and certification for the visiting musician who leads assembly.

3

Stand beside them

A two-day training to begin, then weekly online sessions for every question that comes up.

— NO SPECIALIST ON EVERY PAYROLL

Your teachers can do this

Music lives in your classrooms every day, in the hands of the teachers your children already know. Alongside them, one visiting musician — shared across your centres rather than employed at each — sings and plays with the children at assembly and models the songs for your teachers. Where you need that musician, we interview, select and train the right person. Children need to see a musician play. They do not need one on staff.

The worry we hear most is "but I'm not musical." You don't need to be — a caring adult singing with genuine warmth matters more than technique.

"I was hesitant at first, but the resources and mentorship gave me confidence. Now I lead music with my whole class — and the children love it."

EARLY-YEARS TEACHER, PARTNER SCHOOL



Training every teacher — The Study School & partner schools



At The Study School

ACCREDITATION — A SANGEET4ALL CENTRE

While your teachers hold current certification, your centre carries the Sangeet4All name — in admissions material, your website, and what you tell parents. Renewed each year, on the strength of the classroom.

WE MEASURE WHAT WE CAN REACH

Visiting every centre isn't something we can offer at pre-school pricing. Instead, we plug into the monitoring your group already runs, review after teacher training and again after a year, and are always on hand for your questions in between.

— AFFORDABLE, AND YOURS TO SHAPE

Take the whole programme, or begin with one piece and grow at your pace.

PROGRAMME LICENCE

TRAINING & CERTIFICATION

MENTORSHIP & SUPPORT

SANGEET4ALL ACCREDITATION

INSTRUMENTS

MUSIC-ROOM DESIGN

THE FULL MUSICAL FAMILY PROGRAMME



— QUESTIONS WE HEAR

Saraswati answers

Aren't they too young for real music education?

These are the very years the brain builds its listening and language. Start now, and every later learning stands on music. **The window is widest exactly when they are smallest.**

Our teachers aren't musical.

Don't talk — sing. A caring adult singing with warmth matters more than any technique. Train them, give them the songs, **and every one of your teachers becomes a music teacher.**

Isn't music just a nice extra at this age?

It makes children reading-ready, advantaged in numbers, calmer and more focused. **It builds the skills every other subject depends on.**

Do we need keyboards and sound systems?

No. Young children need real, acoustic, child-sized sound: small percussion, the Swartarang, the Banshi. **The right instrument for the age — nothing more.**



Music and movement



Music and mindfulness

"The songs, the pitch, the approach, the pedagogy, the age-appropriateness of each activity — excellent. The lesson plans and the support given to each teacher are beautifully carved out."

MS. SUMITA MALIK · PRE-PRIMARY HEAD, SHIV NADAR SCHOOL, NOIDA

Trusted by The Study School · Shiv Nadar School · The Khaitan School · G. D. Goenka · Gyaananda School · Mira Model School



BECAUSE EVERY CHILD IS BORN AN ARTIST

Let's begin at the beginning

Give your youngest children the joy — and the foundation — of music, in the years that matter most.

— WHAT YOUR GROUP RECEIVES —

The Musical Family programme

India's own early-years method, tailored to your group.

Training for all your teachers

Every teacher, every branch — no specialist needed.

Age-appropriate instruments

Swartarang, Banshi and small percussion sets.

Songs for the whole day

Self-regulation, transitions, collaboration, focus.

Music-room design

Layout, acoustics and soundproofing consultancy.

Ongoing mentorship

Weekly online sessions, and always on hand for your questions.

Reading-ready · advantaged in numbers · calmer classrooms · confident teachers · joyful children



Bring Musical Family to your pre-schools

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